

SQUARE DANCE

Activity

Aim: The challenge for the group, while wearing blindfolds, is to form a perfect square using rope to make the shape.

- Everyone in the team must wear an eyeshade for this task.
- The rope will start in a pile on the ground and no one is allowed to touch the rope until the eyeshades are on.
- The rope is then picked up.
- Once holding the rope, no-one is allowed to let go of the rope with either hand.
- When the group thinks that it has made a perfect square, tell the observer, who will inform the group how it has done.

Review & Evaluation

- Why is it important to talk to each other in this exercise?
- Why is it important to listen?
- How did you come to a common agreement on solving the challenge?



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Safety Points

- Choose level ground free of obstructions.
- Select a spotter/observer, to oversee the activity.

Equipment

- Length of rope according to the number of group members.
- Eyeshades.

Differentiation & Progression

- Introduce a time limit.
- Have as many goes as you like in the time.
- Make different shapes.
- Include more/less people.
- No talking.

Organisation

- Suitable for a range of group sizes over 4 in number.
- Encourage the group to talk to each other, and listen.
- Remind the group that everyone must work together.

Skills & Knowledge

- Listen to others and instructions.
- Propose practical ways forward.
- Collaborate with others towards a common goal.
- Provide constructive support and feedback to others.
- Generate ideas and express them.
- Try a variety of solutions.

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